



Kendrick Regional Center

*Surgical expertise you can trust.*

NAME: \_\_\_\_\_

DATE OF PROCEDURE: \_\_\_\_\_

ARRIVE AT ADMITTING DEPT: \_\_\_\_\_  A.M.  P.M.

PROCEDURE: \_\_\_\_\_

- REPORT TO:
- ADMITTING DEPT AT ST. FRANCIS MOORESVILLE – RED PARKING LOT
  - MOORESVILLE SURGERY CENTER – ST. FRANCIS MOORESVILLE GREEN PARKING LOT - 1<sup>ST</sup> FLOOR – SUITE 100
  - MOORESVILLE ENDOSCOPY CENTER – ST. FRANCIS MOORESVILLE GREEN PARKING LOT - 1<sup>ST</sup> FLOOR – SUITE 101
  - ADMITTING DEPARTMENT ST. FRANCIS BEECH GROVE
  - FRANCISCAN SURGERY CENTER AT ST. FRANCIS SOUTH CAMPUS
  - COMMUNITY HOSPITAL SOUTH – ADMITTING DEPARTMENT

**\*\*BRING SOMEONE WITH YOU TO DRIVE YOU HOME\*\***

***\*FOR CANCELLATION OF THIS PROCEDURE, AT LEAST 24 HOUR NOTIFICATION IS REQUIRED\****

BOWEL PREP INSTRUCTIONS: PURCHASE AT PHARMACY WITHOUT A PRESCRIPTION: MILK OF MAGNESIA.. ALSO, HAVE PRESCRIPTION FILLED THAT IS ATTACHED TO TOP OF THIS PAPER.

TWO DAYS BEFORE YOUR PROCEDURE: TAKE 2 TABLESPOONS MILK OF MAGNESIA IN THE MORNING AND IN THE EVENING FOLLOWED BY A GLASS OF WATER.

THE DAY BEFORE YOUR PROCEDURE: MIX THE NU-LYTELY PREP WITH WATER AND REFRIGERATE.

DIET: YOU WILL HAVE CLEAR LIQUIDS ONLY THE DAY BEFORE YOUR PROCEDURE.

LIQUIDS: CLEAR SOUPS, BROTH, TEA, COFFEE, JELL-O, SOFT DRINKS, POPSICLES, JUICES (APPLE JUICE) \*NO RED COLORING OR DAIRY PRODUCTS\*

AROUND 3pm: START DRINKING THE PREP SOLUTION. DRINK A GLASS FULL EVERY 15 - 30 MINUTES. IF YOU BECOME NAUSEATED OR FEEL LIKE YOU CAN'T DRINK ANY MORE, STOP DRINKING THE PREP UNTIL THE NAUSEA PASSES. IT MAY TAKE SEVERAL HOURS FOR YOU TO FINISH THE PREP. YOU MAY STOP DRINKING THE PREP WHEN YOU ARE HAVING CLEAR LIQUID STOOLS. YOU MAY CONTINUE TO DRINK CLEAR LIQUIDS UNTIL MIDNIGHT.

MORNING OF PROCEDURE:

**NOTHING TO EAT OR DRINK. YOU WILL NOT TAKE ANY MEDICATIONS.**

**\*\*YOU MUST STOP TAKING ASPIRIN, IBUPROFEN, PLAVIX, COUMADIN AND PLETAL FOR 7 DAYS PRIOR TO PROCEDURE. YOU MUST STOP TAKING ALL HERBAL SUPPLEMENTS, ROOTS AND VITAMINS 2 WEEKS PRIOR TO SURGERY/PROCEDURE.**