



Kendrick Regional Center

Surgical expertise you can trust.

NAME: _____

DATE OF PROCEDURE: _____

ARRIVE AT ADMITTING DEPT: _____ A.M. P.M.

PROCEDURE: _____

- REPORT TO:**
- ADMITTING DEPT. ST. FRANCIS MOORESVILLE – RED PARKING LOT
 - MOORESVILLE SURGERY CENTER – ST. FRANCIS MOORESVILLE
GREEN PARKING LOT - 1ST FLOOR – TO LEFT – SUITE 100
 - MOORESVILLE ENDOSCOPY CENTER – ST. FRANCIS MOORESVILLE
GREEN PARKING LOT - 1ST FLOOR – TO RIGHT – SUITE 101
 - ADMITTING DEPARTMENT – ST. FRANCIS BEECH GROVE
 - FRANCISCAN SURGERY CENTER AT ST. FRANCIS SOUTH CAMPUS
 - COMMUNITY HOSPITAL SOUTH – ADMITTING DEPARTMENT

****FOR CANCELLATION OF THIS PROCEDURE, AT LEAST 24 HOUR NOTIFICATION IS REQUIRED***

*BRING SOMEONE WITH YOU TO DRIVE YOU HOME. FAILURE TO DO SO WILL
RESULT IN CANCELLATION OF YOUR PROCEDURE.*

ONE WEEK BEFORE EXAM: START TAKING MIRALAX LAXATIVE. MIX ONE CAPFUL OF POWDER IN 8 OZ.
OF CLEAR LIQUID TWICE DAILY. HAVE PRESCRIPTION FOR HALF-LYTELY PREP KIT FILLED AT ANY
PHARMACY.

DAY BEFORE PROCEDURE: MIX THE HALF-LYTELY PREP WITH WATER AND REFRIGERATE..

DIET: THE DAY BEFORE YOUR PROCEDURE, YOU WILL BE ON A CLEAR LIQUID DIET.
LIQUIDS: CLEAR SOUPS, BROTH, TEA, COFFEE, JELL-O, SOFT DRINKS, POPSICLES,
JUICES (APPLE JUICE), SPORT DRINKS. *NO RED COLORING OR DAIRY PRODUCTS*

AT 3:00 P.M.: TAKE THE 4 DULCOLAX TABLETS WITH 8OZ. OF CLEAR LIQUID.

AT 4:00 P.M.: START DRINKING THE PREP SOLUTION. DRINK A GLASS FULL EVERY 15 – 30
MINUTES. IF YOU BECOME NAUSEATED OR FEEL LIKE YOU CAN'T DRINK ANY
MORE, STOP DRINKING THE PREP UNTIL THE NAUSEA PASSES. YOU MAY
CONTINUE TO DRINK CLEAR LIQUIDS UNTIL MIDNIGHT.

IMPORTANT: DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR
PROCEDURE. YOU MUST STOP TAKING ASPIRIN, PLAVIX AND PLETAL FOR 7 DAYS
PRIOR TO PROCEDURE.

MORNING OF PROCEDURE, YOU WILL TAKE HEART AND BLOOD PRESSURE
MEDICATIONS WITH A SIP OF WATER. **IF YOU ARE TAKING INSULIN OR BLOOD
THINNERS, YOU MUST CONTACT YOUR PRESCRIBING DOCTOR FOR DOSAGE
INSTRUCTIONS**