



Kendrick Regional Center

Surgical expertise you can trust.

NAME: _____

DATE OF PROCEDURE: _____

ARRIVE AT ADMITTING DEPT: _____ A.M. P.M.

PROCEDURE: _____

- REPORT TO:**
- ADMITTING DEPT. AT ST. FRANCIS MOORESVILLE – YELLOW PARKING LOT
 - MOORESVILLE SURGERY CENTER – ST. FRANCIS MOORESVILLE
GREEN PARKING LOT - 1ST FLOOR – TO LEFT – SUITE 100
 - MOORESVILLE ENDOSCOPY CENTER – ST. FRANCIS MOORESVILLE
GREEN PARKING LOT - 1ST FLOOR – TO RIGHT – SUITE 101
 - ADMITTING DEPARTMENT – ST. FRANCIS BEECH GROVE
 - FRANCISCAN SURGERY CENTER AT ST. FRANCIS SOUTH CAMPUS
 - COMMUNITY HOSPITAL SOUTH – ADMITTING DEPARTMENT

****BRING SOMEONE WITH YOU TO DRIVE YOU HOME****

FOR CANCELLATION OF THIS PROCEDURE, AT LEAST 24 HOURS NOTIFICATION IS REQUIRED

OsmoPrep is a salt-based laxative that provides bowel cleansing through increasing the retention of water in the intestine, which in turn promotes bowel movements. It is useful in preparing the colon for colonoscopy and various colon and rectal surgeries.

BOWEL PREP INSTRUCTIONS: HAVE THE ATTACHED PRESCRIPTION FILLED AT YOUR PHARMACY.

THE DAY BEFORE YOUR PROCEDURE:, FOLLOW A CLEAR LIQUID DIET - ANY LIQUID THAT YOU CAN SEE THROUGH SUCH AS: BROTH, TEA, COFFEE, JELL-O, SOFT DRINKS,POPSICLES, CLEAR JUICES (APPLE, CRANBERRY), OR SPORTS DRINKS (GATORADE). ****NO RED COLORING OR DAIRY PRODUCTS****

****YOU WILL TAKE A TOTAL OF 32 TABLETS****

FIRST DOSE: AT 5:00 PM

TAKE 4 OSMOPREP TABLETS EVERY 15 MINUTES WITH AT LEAST 8OZ. OF CLEAR LIQUID FOR A TOTAL OF 20 TABLETS. (5:00, 5:15, 5:30, 5:45 AND 6:00 PM)

SECOND DOSE: AT 9:00 PM

TAKE 4 OSMOPREP TABLETS EVERY 15 MINUTES WITH AT LEAST 8 OZ. OF CLEAR LIQUID FOR A TOTAL OF 8 TABLETS. (9:00, AND 9:15 PM) TAKE THE 4 DULCOLAX TABLETS AT 9:30 PM WITH AT LEAST 8 OZ. OF CLEAR LIQUID. YOU MAY CONTINUE CLEAR LIQUIDS UNTIL MIDNIGHT. YOU WILL HAVE NOTHING TO EAT OR DRINK AFTER MIDNIGHT.

MORNING OF PROCEDURE: YOU WILL NOT TAKE ANY MEDICATIONS.

****YOU MUST STOP TAKING ASPIRIN, IBUPROFEN, PLAVIX, PLETAL AND COUMADIN FOR 7 DAYS PRIOR TO PROCEDURE. YOU MUST STOP TAKING ALL HERBAL SUPPLEMENTS, ROOTS AND VITAMINS 2 WEEKS PRIOR TO SURGERY/PROCEDURE.****

This is a thorough bowel cleansing procedure, and may leave you feeling weakened. It is important to maintain your bodily fluids by drinking lots of water and other clear liquids throughout the day. You may want to apply some Desitin or other protective cream to the anal area to minimize your discomfort during